

## New General Service List – 2,201-2,250

2201.	trail	n	a path through the countryside, where people often walk
2202.	nervous	adj	worried and anxious
2203.	parallel	adj	very similar and often occurring at the same time
2204.	sail	v	to travel on water in a ship or boat
2205.	sensitive	adj	easily upset by the things that people think or say about you
2206.	hero	n	someone who does something brave or good which people respect or admire them for
2207.	competitor	n	someone who is trying to win or do better than all others especially in business or sports; someone who is competing
2208.	initially	adv	at the beginning
2209.	transform	v	to change the shape completely in a good way
2210.	strip	v	to remove your clothing
2211.	stream	n	a natural flow of water that is smaller than a river
2212.	breed	n	a type of dog, sheep, pig, etc.
2213.	attribute	v	to say that something is because of something else
2214.	vital	adj	necessary
2215.	awful	adj	very bad, of low quality, or unpleasant
2216.	devote	v	to decide to use or give something for something else
2217.	stem	n	the main long and thin part of a plant that rises above the soil and supports the leaves and flowers
2218.	height	n	a measurement of how tall a person or thing is; the distance from the bottom to the top of a person or thing
2219.	apologize	v	to tell someone that you are sorry about something you have done
2220.	alright	adj	good enough, although not very good; safe or well
2221.	owe	v	to need to pay or repay money to a person, bank, or business
2222.	genetic	adj	relating to genes (= parts of cells which control particular characteristics)
2223.	persuade	v	to cause someone to do something by asking, arguing, or giving reasons
2224.	recruit	v	to try to persuade someone to work for a company or to join an organization
2225.	vice	n	something bad that someone often does; crime that involves sex or drugs
2226.	steady	adj	not shaking or moving; held firmly in one place or position
2227.	heavily	adv	a lot or to a great degree
2228.	entrance	n	the act of entering something
2229.	furniture	n	chairs, tables, beds, etc., that are used to make a room ready for use
2230.	strain	n	when you feel worried and nervous about something; an injury to part of your body that is caused by using it too much
2231.	random	adj	chosen, done without a particular plan or pattern
2232.	justify	v	giving reasons for doing something
2233.	measurement	n	the process of measuring something; the size and shape of something

2234.	rarely	adv	not often
2235.	meter	n	a piece of equipment for measuring the amount of something such as electricity, time, or light
2236.	pace	n	the speed at which someone or something moves or does something
2237.	western	adj	located in or toward the west
2238.	constitute	v	to make up or form something
2239.	spare	n	kept as something extra that can be used if it is needed
2240.	designer	n	someone who draws and plans how something will be made
2241.	mature	adj	being an adult, being fully developed physically
2242.	evil	adj	morally bad, causing harm or injury to someone
2243.	curve	n	a smooth, rounded line, shape, path, etc.
2244.	guilty	adj	ashamed because you have done something wrong; having broken a law
2245.	jacket	n	a short coat
2246.	false	adj	not real or genuine — used to say that something is not really what it seems to be
2247.	demonstration	n	a protest in which people march or stand together; showing how to do something, or how something works
2248.	wound	n	an injury that is caused when a knife, bullet, etc., cuts or breaks the skin
2249.	frighten	v	to cause someone to become afraid
2250.	muscle	n	one of many pieces of tissue in the body that are connected to bones and which produce movement by becoming longer or shorter